

NATURAL HORMONE REPLACEMENT THERAPY AS AN ANTI AGING TOOL.

Hormones are produced by endocrine glands and serve as messengers to tell several internal organs how to function. Hormones stimulates a multiple of life-giving processes throughout the body which maintain health, harmony, growth, healing and repair.

There is a decrease in the production of hormones beginning in middle age and continue until old age.

It is now known that insufficient hormones is a major factor of aging.

Some of the most important hormones related to aging process are:

GROWHT HORMONE: There is strong evidence that daily growth hormone replacement reverse symptoms of the aging process and restore a more youthful conditioning.

DHEA: Improves vitality, mood, and stress. It is sometimes call the anti-stress hormone.

PREGNENOLONE: Is consider a memory enhancer.

MELATONIN: Help with sleep and repair.

THYROID: This is a well known hormone Regulates many body functions.

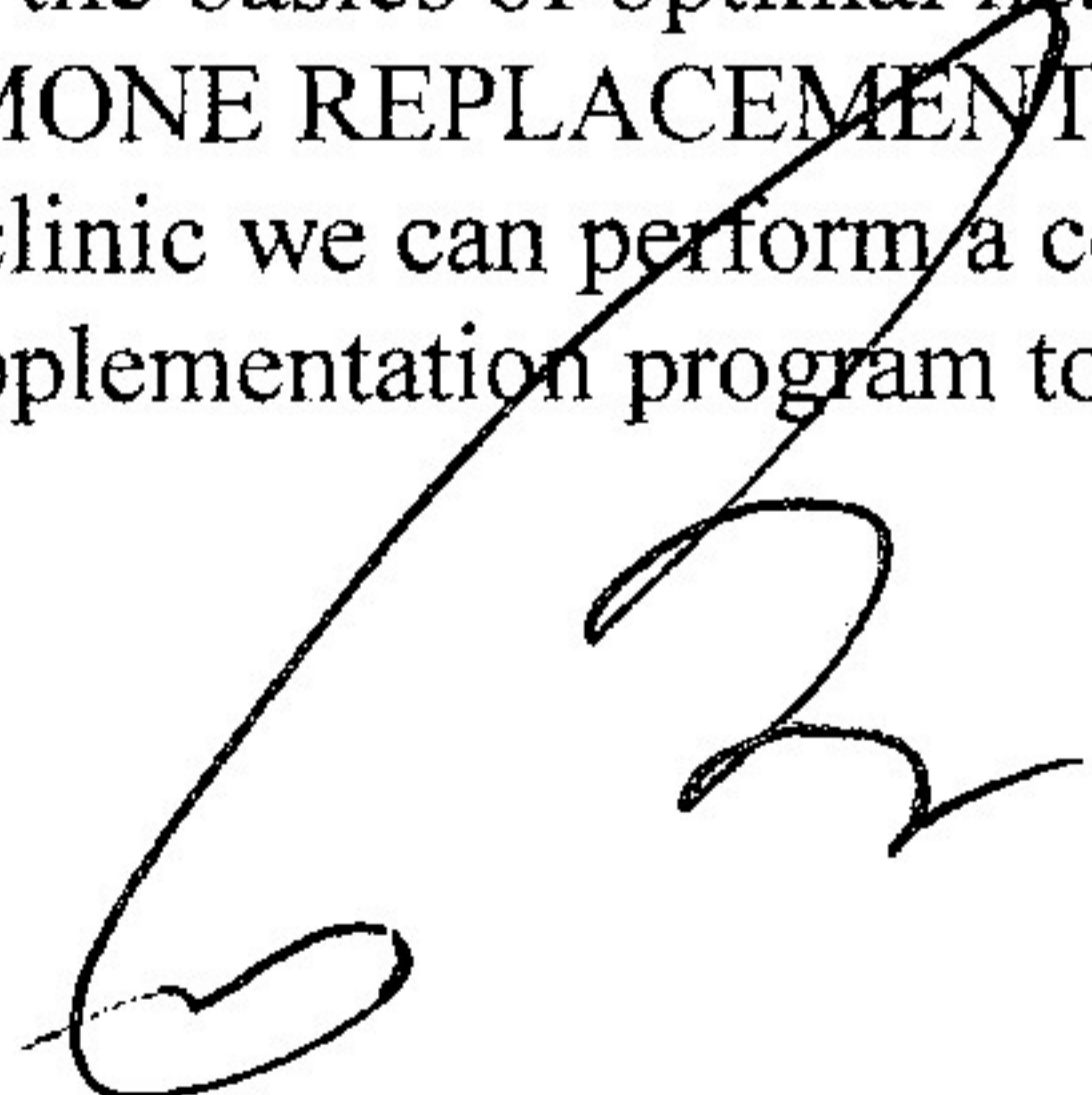
TESTOSTERONE: Also well known hormone, can protect aging cardiovascular disease, arthritis and body fat. Improves libido and sexual performance.

ESTROGEN: Well know hormone with many benefit for the female patient .PLEASE NOTE THAT THE SYNTHETIC ESTROGEN HAVE BEEN SHOWN TO BE HARMFUL. For optimal protection we recommend only natural estrogens.

PROGESTERONE: Another well known hormone with many benefits. Protect aging uterine and breast cancer and marked decrease in menopausal symptoms. Please note that synthetic progestins are not natural progesterone and are associated this multiple side effects. For optimal result we will only recommend natural progesterone.

In summary, the basics of optimal health and longevity are PROPER DIET, EXERCISE, NUTRITION AND HORMONE REPLACEMENT THERAPY.

Here at our clinic we can perform a complete physical exam, laboratory evaluation and a personalized hormone supplementation program to help you improve and prolong your quality of life.



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